



Grade – Under 14 Under age 14 – Year 9

- 15 a-side competition on full field over two 30 minute halves
- Scrums can be contested with no pushing beyond 1.5 meters
- Lineouts can be contested with lifting and supporting allowed
- If no associate referee, no contested scrums and no lifting and supporting in lineouts allowed
- Conversion kicks are to be taken in line with where the try was scored, but not less than 15 metres from the sideline
- Kick-off and penalty are as per normal rules and kicking is allowed during the game
- Unlimited rolling substitutions at all regular season, semi-finals and finals games. A rolling sub is where a coach substitutes a player during a stoppage in play. The Referee must be notified.
- Game is played with size 5 ball and all players must wear rugby boots
- All other laws will be played in accordance with the NZRU Domestic Safety Law Variations.