



Cavalier Development Group

Date	Action	Venue	Facilitator
Monday 13 February 4.30 – 6pm	Technical	Drury Gym	High Performance Unit: Nick Leger – Academy Manager Sam Higgins –Strength & Conditioning Trainer Tony Burgess – Trainer Dameon Chaney – Rugby Development Officer Jeremy Wara – Rugby Development Officer

Please ensure to bring to trainings:

- training gear
- boots
- protective gear
- water bottle
- Note book.

For further information please contact:

Dameon Chaney

Rugby Development Officer

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