



Counties Manukau Junior Club

Girls Club Rugby Competition @ Patumahoe

2021

To build All-Girls grades in Rippa, Quick Rip, and Tackle for an all-girls junior rugby club competition.

To provide an enjoyable and safe environment for everyone who is involved in Rugby.

To develop, mentor and upskill coaches to sustain strong club based champions.

To provide opportunities and pathways for our girls from junior club, secondary school, senior club and representative rugby programs.

CMRFU Player Stats	2019	2020	2021 Not final stats
All Females	2085	1274	625
Junior	944	543	396
Sec Sch	282	201	121
Senior	242	222	108

	WHERE WE ARE TODAY	WHERE WE WANT TO BE IN 5 YEARS
JUNIOR CLUB	<ul style="list-style-type: none"> • Y7/Y8 – 6 Teams • Y5/Y6 – 5 Teams • Y3/Y4 – 3 Teams • Beachlands Maraetai 2 x Rippa teams in Auckland Competition • Manurewa U13 playing in the CMRFU Competition. • Junior Club Module is played at Patumahoe. 	<ul style="list-style-type: none"> • To grow more club teams • Have our own CM Junior Club competition • To have a sustainable club grade for Junior Girls to Youth Girls in all versions of the game • Mindset shift for non-contact rugby to be accepted as rugby in our clubs.



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JUNIOR CLUB TEAMS



Y7/Y8



Y7/Y8 & Y5/Y6

PATUMAHOE



Y7/Y8 | Y5/Y6 - BLUE & GOLD | Y3/Y4



Y7/Y8 GOLD & GREEN | Y5/Y6 | Y3/Y4 GOLD & GREEN



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<u>Girls Rugby - Task SHEET</u>		
Tasks and timings for Wednesday 12 May 2021, 5:30pm at Patumahoe Rugby Club		
CMRFU Staff		Annette, Ari, Hazel
Patumahoe		Brendon, Kirk
Task:	Who:	Done:
Flyer & comms out to clubs to recruit more teams	AT	
Ensure teams & players are registered via team builder	AT	
Print off team lists & Registration Forms	AT	
Admin stationery list - Hooter	AT	
Music Speakers	Patumahoe	
Rippa Kits, Balls, Bibs, Cones, Whistles	Patumahoe	
Giveaways	CMRFU	
Photo's to ask Richard	AT	
Sausage sizzle	Patumahoe	
Code of Conduct signs up	Patumahoe	
Banners	CMRFU	
Heat Girls Names to assist with stations	Ari	
Patumahoe Girls Names to assist with stations	Patumahoe	
Player Usher	Patumahoe	



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<u>Girls Rugby – Run SHEET</u>			
Start Time:	End Time:	Task:	Who:
4:00pm		Arrive at Patumahoe	ALL
4:05pm	4:30pm	Set up, registration area, ¼ fields	ALL
5:00pm	5:20pm	Registration starts	Annette
5:20pm	5:40pm	Girls into club teams & Rippa Kits on	Coaches
5:40pm	5:45pm	Introductions & Welcome	Ari
	6:00pm	Mass Warm up Dance / Groupings / Knee Tag / Rats & Rabbits	Hazel & Leilani
6:00pm	6:10pm	Split into teams.	ALL & Coaches
		Ari to brief the staff on the sessions	Ari
6:10pm	6:10pm	Sessions begin: Station 1 – Kicking	2 x staff
	6:20pm	Station 2 – Agility	2 x staff
	6:30pm	Station 3 – Active Rip	2 x staff
	6:40pm	Station 4 – Mirror	2 x staff
6:40pm	7:00pm	Sausage sizzle, light music, mix and mingle. Opportunity for coaches to get some more tips from Ari & Hazel, ask questions, get comfortable with management	All teams
			All Staff, Ari, Hazel
7:00pm	7:05pm	Wrap up all teams in	Ari & Havel
7:05pm	7:15pm	Pack up	ALL
7:15pm	ENDs		
Team / Club Information			
	5:20pm	On arrival Players & Teams report to Registration station	AT
		Club teams to wear their jersey, shorts, socks & Rugby Boots. Have drink bottles & mouthguards. Club coaches to try arrange their teams rippa kits.	ALL CLUBS