



CMRFU TACKLE BOX CLINIC

(8th Grade (U8) North and South)

Saturday 15 May 2021, Navigation Homes Stadium, Pukekohe

CMRFU are continuing with two initiatives from New Zealand Rugby. The first is based on safety, which is a compulsory 'Tackle Box' clinic for 8th Grade coaches to ensure player safety, through the transition of Under 7 Rippa, into tackle rugby. CMRFU want to make this a special occasion for all involved by delivering this event at the home of the Counties Manukau Steelers, Navigation Homes Stadium.

The second is the APPLAUD initiative to encourage supporters to be good sports, and also to stamp out anti-social side-line behaviour. APPLAUD is for everyone involved in Small Blacks Rugby.

TACKLE BOX (8th Grade): Aim:

- To provide further up skilling to all 8th grade coaches in their delivery of the tackle to their players.
- To provide knowledge of key tackle processes to all 8th grade players.
- To provide Union Rugby Development Officers (RDO's) with an opportunity to view coach delivery.

TACKLE BOX (8th Grade): Process:

- Step 1: RDO's to deliver tackle primer activities.
- Step 2: Coaches to deliver pre/tackle/post technique activities to their respective teams, with RDO's over-seeing.
- Step 3: Games played as per draw.

TACKLE BOX (8th Grade): Outcome:

Coaches will be confident in delivering a **SAFE** and **FUN** tackle clinic to their players, utilising effective drills provided by NZRU resources and Coach Development Staff.

CMRFU 8 th Grade Tackle Clinic Draw – Saturday 15 May at Navigation Homes Stadium, Pukekohe							
TEAM	vs	TEAM	ARRIVE	SESSION	MATCH KO	MATCH END	FIELD
			NAVIGATION 1		15 MINUTE HALVES		
SESSION 1							
Drury	vs	Patumahoe	8:30am	9:00am	9:45am	10:20am	1
Waiuku Red	vs	Te Kauwhata	8:30am	9:00am	9:45am	10:20am	2
Waiuku Green	vs	Pukekohe	8:30am	9:00am	9:45am	10:20am	3
Karaka Red	vs	Patumahoe Blue	8:30am	9:00am	9:45am	10:20am	4
Karaka White	vs	Papakura	8:30am	9:00am	9:45am	10:20am	5
SESSION 2							
BM Orange	vs	Tuakau	9:30am	10:00am	10:45am	11:20am	1
Manurewa White	vs	Maramarua	9:30am	10:00am	10:45am	11:20am	2
BM Navy	vs	Puni	9:30am	10:00am	10:45am	11:20am	3
Ardmore Marist Red	vs	Bombay Black	9:30am	10:00am	10:45am	11:20am	4
Ardmore Marist Blue	vs	Bombay Gold	9:30am	10:00am	10:45am	11:20am	5
Manurewa Green	vs	Onewhero	9:30am	10:00am	10:45am	11:20am	6

Please Note: ALL teams are to arrive promptly at the allocated time of arrival. ALL teams/players are to be ready to go for their coaching session time, includes jerseys/boots/mouthguards etc.

