



Counties Manukau Rugby Football Union



COVID-19 Return to Training

This checklist is to be read in conjunction with Guidelines from the Ministry of Health, Sport NZ, and any other authority under which your club operates.

It represents the minimum level of required planning by coaches/managers before training can commence for your team.

Training cannot proceed without the following requirements being in place and prior to 25th May depending on the NZ Government gathering size announcement.

Club Details

Club:			
Club President:		Ph:	
COVID-19 Manager:		Ph:	
Date implemented:			

1. Before Training Commences our club will,	People Responsible
<p>1.1 Email/direct all of our players and/or their parents a copy of the COVID-19 Symptoms PDF / or COVID-19 Symptoms web page: https://covid19.govt.nz/covid-19/about-covid-19/covid-19-symptoms/</p> <p>1.2 Instruct that any player exhibiting any flu like symptoms (even if they are mild) to NOT attend training, that they must self-isolate at home and contact their GP or Healthline on 0800 358 5453 and get tested immediately.</p> <p>1.3 Ensure our players are aware of the "CONTACT TRACING" system that we will have in place when they attend trainings.</p> <p>1.4 Ensure our players are aware of their requirement to comply with the "GATHERING" requirements, imposed by the Ministry of Health, including unnecessary congregating prior to or after in carparks or fields.</p> <p>1.5 Ensure our players are aware of their requirement to comply with strict person hygiene protocols like hand washing before and after training, coughing into their elbow, bringing their own water bottle, avoiding spitting & blowing their nose onto the field.</p> <p>1.6 Ensure our players are aware of their requirement that if they bring their own rugby ball to training only they are permitted to handle it.</p> <p>1.7 Encourage our players to come to training ready to train and to depart as soon as training has finished.</p> <p>1.8 Use our changing rooms only if they have been approved to be open.</p> <p>1.9 Contact those other sports codes that share our training fields to ensure there is no possibility of overlapping/cross contamination.</p> <p>1.10 Facilitate a Covid-19 Safety briefing with all of our volunteers, coaches, managers (subject to the gathering restrictions in place at the time this occurs) outlining this plan to them and the part we all</p>	





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<p>have to play in ensuring that everyone is kept safe during this unprecedented event. (adhering to all social and physical distancing conditions.)</p> <p>1.11 Implement a contact tracing system and upskill all our volunteers, coaches, managers in the use of the contact tracing system that we will be implementing (Paper or IDME) including the collection and protection of the information gathered, it's purpose and how it will be held/stored and then deleted/destroyed after the minimum period of time.</p> <p>1.12 Ensure all of the equipment we intend to issue to our teams or use has been cleaned prior to issue/use.</p>	
<p>2. At the First Training our club will,</p> <p>2.2 Ensure all attendees will sign in using the Contact Tracing System we implement.</p> <p>2.3 Ensure all attendees wash their hands using the provided hand sanitiser immediately after signing in.</p> <p>2.4 Require each coach and manager to hold an educational briefing before any physical activity takes place with their players on their obligations regarding not attending if they're sick with flu like symptoms, personal hygiene protocols, gathering requirements, etc.</p> <p>2.5 Ensure our coaches and managers seek understanding from their players so as to confirm they know their obligations.</p> <p>2.6 Facilitate a Covid-19 Safety briefing with all of our supporters/players (subject to the gathering restrictions in place at the time this occurs) that wish to attend outlining this plan to them and the part we all have to play in ensuring that everyone is kept safe during this unprecedented event. (adhering to all social and physical distancing conditions.)</p>	People Responsible
<p>3. At the End of Each Training our club will,</p> <p>3.2 Ensure all equipment used is cleaned by the responsible team person.</p> <p>3.3 Ensure all players depart as quickly as possible avoiding any congregating in carparks or fields.</p> <p>3.4 Any contact tracing registered are handed in to the appropriate club person.</p>	People Responsible
<p>4. At the conclusion of the 2nd week of training our club will,</p> <p>4.4 Consult with a sample number of coaches from our teams to evaluate whether our processes and risk controls are effective</p> <p>4.5 Make any changes to our safety plan as is warranted from an examination of the feedback provided.</p>	People Responsible





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<p>5. Should our club be notified of exposure or suspected exposure to covid-19, our club will,</p> <p>5.4 Immediately contact the person exposed/suspected of being exposed and instruct them to NOT attend any more trainings, to self-isolate at home and if they haven't already, get tested.</p> <p>5.5 Co-operate with the Public Health Unit in providing any contact register details pertaining to the exposure/suspected exposure to the appropriate and authorised person.</p>	<p>People Responsible</p>
<p>6. In order to keep our volunteers, coaches and managers safe the club will</p> <p>6.2 Ensure that all of our people are familiar with the role they play in keeping our players safe during this pandemic.</p> <p>6.3 Support is available from Annette Tossell and the Counties Manukau Rugby Football Union, should our people require it. Email: annette.tossell@steelers.co.nz Mobile: 027 227 9729</p>	<p>People Responsible</p>
<p>Notes:</p>	

